

NO GALLBLADDER

If you have had your gallbladder surgically removed, you should take the following supplements to help you digest fats. These supplements may be obtained online or at any health food store:

- Digestive enzymes (preferably containing Betaine Hydrochloride)
- Bile salts

Follow the instructions on the packaging for dosage.

As with all supplements, if you are on medication you should consult with your physician before beginning use.

NOTE: ACC(U)LIFE IS NOT A MEDICAL PRACTICE AND DOES NOT PROVIDE MEDICAL TREATMENT.
PLEASE SEE YOUR OWN PHYSICIAN FOR MEDICAL ADVICE.

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